6. Lavernock Point

Penarth, Vale of Glamorgan

Grid References	O.S. Explorer map 151. Main entrance: ST181681 Site centre: ST182682
Status	Lavernock Point SSSI forms two thirds of the site.
Tenure	Managed under licence since January 1966 and currently held under a 25 year lease from June 1999.
Size	8 ha (20 acres).
Location and Access Notes	8 km south of Cardiff, and 6 km east of Barry. Access is from the B4267 via Fort Road, sign-posted Lavernock Point. Limited parking by the gate or in the public car park at the end of Fort Road. Public footpaths and permissive paths within the reserve, including several stiles, but there is kissing gate access 100 yards beyond the gate. Some cliff-top paths susceptible to erosion.
Public Transport	Bus services 88 and 94 from Cardiff, Penarth and Barry.

Description: Lavernock is made up of a number of habitats, principally coastal Jurassic limestone grassland and scrub. The Oak Copse north of Fort Road is home to the elusive Purple Hairstreak butterfly. The Old Hayfield south of Fort Road was last cut for hay in 1984 and has been recolonised by meadow species. The North and South Meadows are separated by a belt of scrub containing a World War II Battery, now a listed Ancient Monument. Both meadows have been invaded by scrub over the years which in places has succeeded to Ash wood.

The meadow's many flowers include Cowslip (4-5) and several orchids: Early Purple (4-6), Bee (6-7), Spotted (6-8) and Twayblade (5-8). Other plants prominent in their season are Common Centaury (6-10), Yellow-wort (8-9), Dyer's Greenweed (7-9), Fleabane (8-9) and Devil's-bit Scabious (6-10). In all some 170 species have been listed, including the scarce Adder's Tongue Fern.

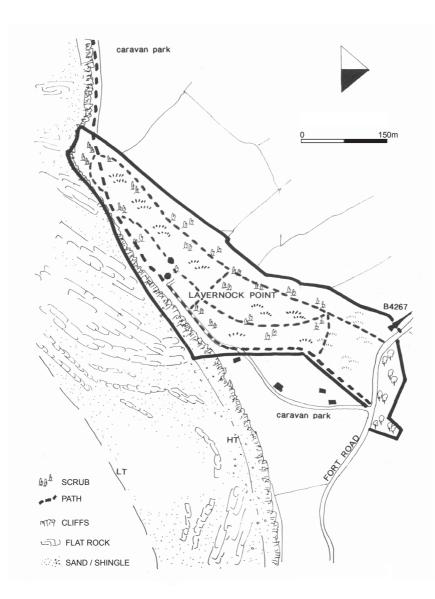
The butterflies and moths are mainly found in the meadow, although the Speckled Wood is found amongst trees. There are abundant whites, blues and browns including Ringlet (6-8), Meadow Brown (6-9) and Gatekeeper (7-8). Tortoiseshell, Peacock, Comma, Red Admiral and Painted Lady can be seen all summer. The commonest day-flying moth is the Six-spot Burnet and the commonest migrant the Silver Y.

Historically Lavernock has been an important site for the observation of bird migration. In autumn, large flocks of Swallow, Redwing, Fieldfare and finches can be seen. Breeding birds include Whitethroat, Lesser Whitethroat, Bullfinch and Chiffchaff. Sparrowhawk, Green Woodpecker and Long-tailed Tit can be seen throughout the year.

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Management Objectives: To reclaim, manage and extend the limestone grassland, with particular attention to the less common flowering plants. To enhance the structural diversity through creation of a patchwork of scrub and woodland around the grassland and to coppice parts of the woodland. It is hoped to introduce grazing on the Hayfield and fenced area in the North Meadow.

Good times to visit		
Apr - Jun	Spring migrant birds	
Apr - Jul	Breeding birds	
Sept - Nov	Flowers, butterflies and	
	other insects	
Sept - Nov	Autumn migrant birds	

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