

# 75. Teifi Marshes

Cilgerran, Pembrokeshire

<b>Grid References</b>	O.S. Explorer map 198 Cardigan & New Quay, O.S. Explorer map OL35 North Pembrokeshire. Main entrance: SN187430, Site centre: SN184455
<b>Status</b>	Part of Afon Teifi SSSI and SAC, and part of Coedmor NNR.
<b>Tenure</b>	Owned by the Trust.
<b>Size</b>	107.1 ha (264.6 acres).
<b>Location and Access Notes</b>	At the end of Cilgerran village, heading towards Cardigan, take the right turn just before the bridge, and take the long single track to the car park and visitor centre. There is also pedestrian access along the river from Cardigan.
<b>Public transport</b>	Bus numbers 430 and 390 from Cardigan stop in Cilgerran village.
<b>Additional facilities</b>	The Welsh Wildlife Centre is situated here, which includes a seasonal shop, café and information desk. There are several bird hides, a canoe expedition centre and volunteer accommodation.

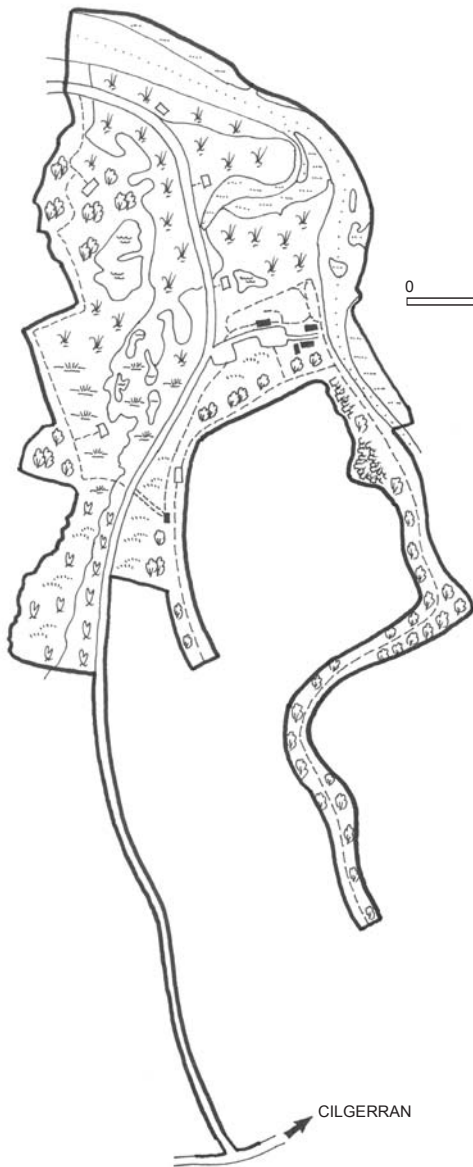
**Description:** The reserve is situated on the floor of the wide pre-glacial channel left by the former course of the Teifi and now occupied by the river Piliau, which meanders through the marshes in a narrow but deceptively deep cut. A range of habitats is supported, from open pasture and well wooded hedgerows, through Alder and Willow carr, freshwater marsh with open pools and reedbeds to tidal mudbanks.

Flooding is extensive in winter, when the area attracts large numbers of wildfowl, notably Teal, Wigeon and Mallard. Water Rail are present in winter in considerable numbers, and other regular winter visitors include Snipe, Curlew and Lapwing. Peregrines hunt over the marshes. Breeding birds include Reed, Sedge and Cetti's Warblers and both Whitethroats, Shelduck and Moorhen. Herons also breed nearby.

Otters and Mink are present in the marshes, Water Shrews are numerous and Sika and Red Deer are now present. Fish species include Lamprey, Stickleback, Mulletts, Eel, Sewin and Salmon. Frogs and Toads are numerous and both Grass Snakes and Adders are present on the reserve.

The rich assemblage of dragonflies include Emperor, Broad-bodied Chaser, Southern Hawker and Scarce Blue-tailed Damselfly.

Water Buffalo are used to graze the site all year round.



-  BUILDING
-  BIRD HIDE
-  OPEN WATER
-  MUD
-  REED BED
-  GRASSLAND
-  SCRUB
-  WOODLAND
-  MARSH
-  RIVER
-  ROCK FACE
-  PATH

**Management Objectives:** To maintain and enhance the wide variety of habitats in a favourable condition such as the appropriate management of water levels and grazing to protect the habitat features required by those species of particular nature conservation interest.

**Good times to visit**

- Mar - Aug Wild flowers
- May to Jul Breeding birds
- Jun - Oct Butterflies, dragonflies, insects
- Oct - Mar Wintering birds